

This new book challenges the view that children in care are 'problem children'

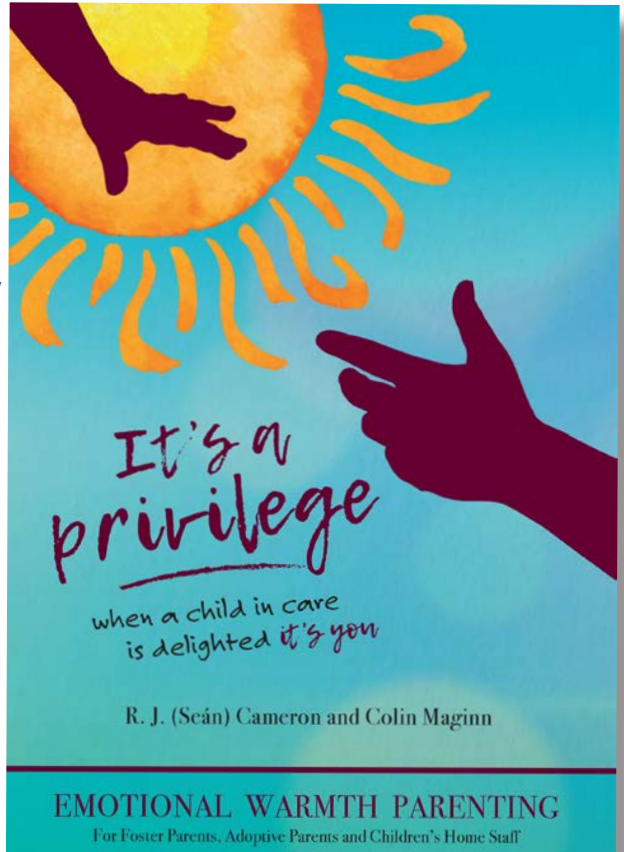
'How refreshing to see such a rich collection of practical strategies that are backed by research.'

Andrew Loverock
Foster Carer and Founder
of Foster Care Matters

'I have never known a team embrace theory quite like they did when we discovered the Pillars of Parenting - it just fits perfectly into everything we do.'

Eileen Gray
Children's Homes Manager

**A book for
foster parents,
adoptive parents,
kinship carers,
children's home
staff, teachers and
anyone involved
with children in
public care**



'Seán Cameron and Colin Maginn have dedicated their careers to improving the experience and outcomes of children in care. 'It's a Privilege' is the capstone of this work, introducing the Emotional Warmth Parenting approach and showing how this is used immediately in practice to achieve positive outcomes for young people. It will become the go-to guide for anyone in the parenting role, especially those striving to overcome a child's previous maltreatment.'

Dr Alex Linley, Founder Director of the Centre of Applied Positive Psychology

'If you buy one book this year, this is the one I recommend. The passion and thoughtfulness are inspiring. They take incredibly complex theory and neuroscience and make it easy to understand. The text shows how to improve the care for looked after children.'

Stephanie Hunter, Author, Social Worker, Lecturer and Therapist

If you are one of the many exceptional people who wants to bring joy back into the life of a traumatised child, this book is for you.

Parenting other people's children is a privilege

What's in the book?



Chapter 1 Vulnerable Children: Why?

The background: setting Emotional Warmth Parenting in context

Chapter 2 Parenting Power

The impact of parental rejection, understanding parenting style and facilitating play

Chapter 3 Parenting Maltreated Children

Using the eight Pillars of Parenting to identify priority parenting needs for a child

Chapter 4 Trauma-informed Parenting

Understanding and supporting the child through emotional trauma

Chapter 5 Encouraging Positive and Self-managing Behaviour

Strategies to understand challenging behaviour and support self-management

Chapter 6 Parenting and Positive Psychology

Finding and using your own and the young person's strengths

Chapter 7 Psychological Consultations

Support from an applied psychology consultant

Chapter 8 The Education Dimension

Enhancing the young person's educational achievement

Chapter 9 Theory into Practice

How attitudes influence our work with children, changes and improvements, leadership and management, challenging the touch taboo, the voice of the child, and an outline of neurobiology

Chapter 10 Does it work?

Assessment, measurement and our peer-reviewed research

Chapter 11 You are the one!

Tips and pointers on adult-child bonding and looking after yourself

The Emotional Warmth Parenting Story

Meeting your child's parenting needs

Become trauma-informed

Learn how to analyse and understand challenging behaviour

Discover yours and your child's strengths

Put on your own mask, before helping others

'We have written this book to create a shift from the current, problem-focused approach to children in public care, to one which celebrates their lives as opportunities to show our humanity, kindness and to discover their strengths.'

The book, 'It's a privilege' is available for £26 inc U.K. p&p.

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Order from: www.pillarsofparenting.co.uk (scan the QR code).



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The Pillars of Parenting Ltd, Business and Innovation Centre
Wearfield, Sunderland, SR5 2TA. www.pillarsofparenting.co.uk
e-mail colinmaginn@pillarsofparenting.co.uk
Tel: +44 (0)191 516 6634 or +44 (0)7983 544899
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