

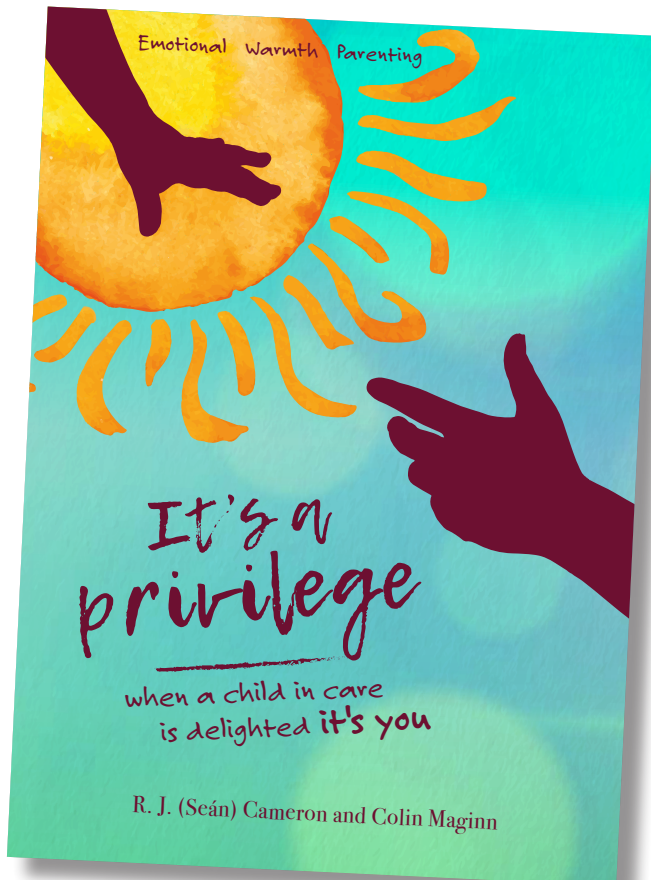
If you are one of the many exceptional people who wants to bring joy back into the life of a traumatised child, this book is for you.

A book for  
foster parents,  
adoptive parents,  
kinship carers,  
children's home  
staff, teachers and  
anyone involved  
with children in  
public care.

Available early  
2021



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## Parenting other people's children is *a privilege*

This new book 'It's a privilege' sets out to challenge the established view that children in public care are 'problem children'. Bringing emotional warmth parenting into the life of a child who has endured emotional coldness and trauma, will not only bring joy, fun and meaning into the child's life, but can do the same (and much more) for the adults in the parenting role.

The eight 'Pillars of Parenting' are used to identify the child's parenting needs then to prioritise parenting tasks in order to build and support the child's psychological wellbeing. However, children need time and support to recover from emotional trauma, and the book provides insight into the impact of trauma, how this can lead to challenging behaviour and importantly, how to understand and respond helpfully. The book invites the reader to uncover their strengths and then to help the young person to find and use their strengths, skills and hidden talents.

# What's in the book?



## **Chapter 1 Vulnerable Children: Why?**

The background: setting Emotional Warmth Parenting in context

## **Chapter 2 Parenting Power**

The impact of parental rejection, understanding parenting style and the importance of play

## **Chapter 3 Parenting Maltreated Children**

Using the eight Pillars of Parenting to identify priority parenting needs for a child

## **Chapter 4 Trauma-informed Parenting**

Understanding and supporting the child through emotional trauma

## **Chapter 5 Encouraging Positive and Self-managing Behaviour**

Strategies to understand challenging behaviour and support self-management

## **Chapter 6 Parenting and Positive Psychology**

Finding and using your own and the young person's strengths

## **Chapter 7 Psychological Consultations**

Support from an applied psychology consultant

## **Chapter 8 The Education Dimension**

Enhancing the young person's educational achievement

## **Chapter 9 Theory into Practice**

How attitudes influence our work with children, changes and improvements, leadership and management, challenging the touch taboo, the voice of the child, and an outline of neurobiology

## **Chapter 10 Does it work?**

Assessment, measurement and our peer-reviewed research

## **Chapter 11 You are the one!**

Tips and pointers on adult-child bonding and looking after yourself.

## **The Emotional Warmth Parenting Story**

*'We have written this book to create a shift from the current, problem-focused approach to children in public care, to one which celebrates their lives as opportunities to show our humanity, kindness and to discover their strengths.'*

Reserve a copy at the pre-publication price of **£18** inc U.K. p&p  
from: [www.pillarsofparenting.co.uk](http://www.pillarsofparenting.co.uk) (scan the QR code).

The book is available for **£26** inc U.K. p&p, from February 2021



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