

Emotional Warmth Parenting



The Pillars of Parenting

Training and evidence-based measurement that works.

For foster or adoptive parents and children's homes staff
(from £27 per person per month)

'I have never known a team embrace theory quite like they did when we discovered the Pillars of Parenting - it just fits perfectly into everything we do.'

Eileen Gray - Local Authority Children's Home Manager.

'Emotional Warmth Parenting'

A psychological, peer-reviewed research and an evidence-based approach, which empowers foster or adoptive parents and children's homes staff. Meaning that they know what to do, why to do it and how to check what is working well (or not), using the baseline as a reference point.



What you get:

1) Online Training: Learn what to do and why to do it.

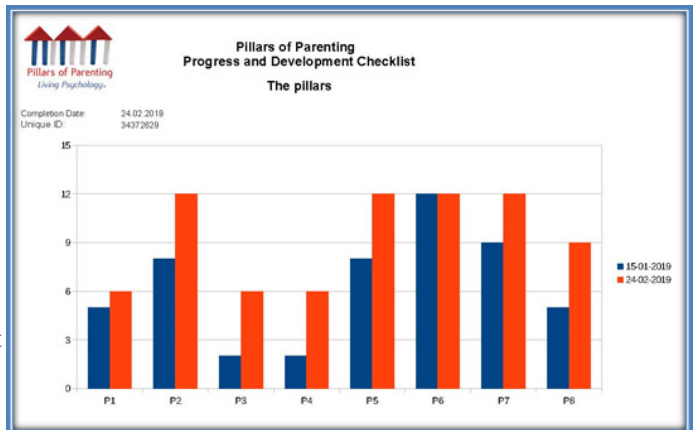
Online training which shows how theory can inform practice. Each foster/adoptive parent or children's home staff member can work at their own pace, gaining insight, acquiring a shared language, becoming trauma informed and learning about their strengths and strength-based practice.

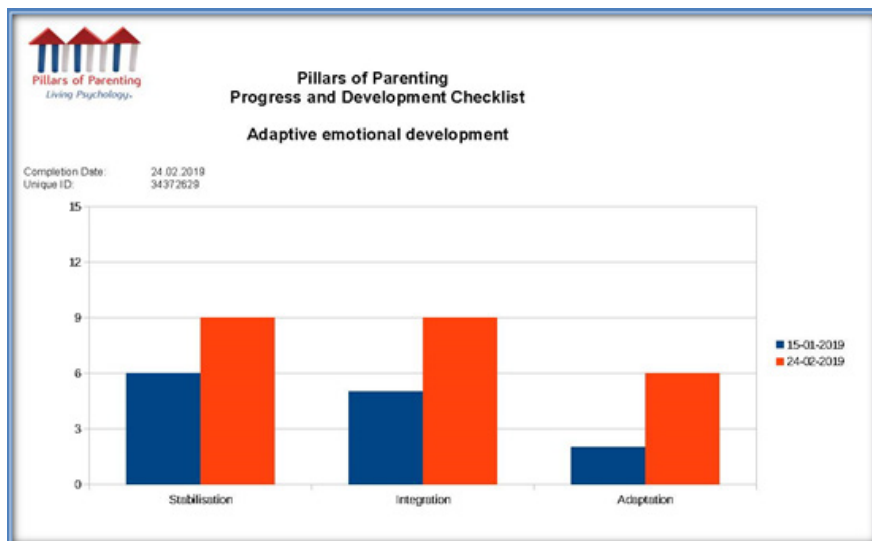
The seven online modules

1. The impact of **Parental Rejection or Acceptance** and the importance of **Belonging**. This means that foster parents and childcare staff will have insights into each child's emotional pain, making them more empathetic, understanding and responsive.
2. Emotional Warmth Parenting with **Parenting Style** and **Close Relationships** (Attachment). Adults learn the parenting style principles informing their practice to help the child feel wanted and how this relationship is key to therapeutic change.
3. Growing the child's **Self-worth** and **Emotional Competence**. This means that the child's self-confidence is boosted and they can make and keep friends.
4. Building **Resilience** and **Personal and Social Responsibility**. Building a child's self-esteem makes them more resilient, and teaching personal and social responsibility is key to young people thriving in the community.
5. Becoming Trauma-Informed, **Adaptive Emotional Development** and recovery from trauma. This means parents and carers learn that behaviour may be linked to previous neglect or abuse and respond with compassion and sensitivity.
6. Understanding **Self-defeating Behaviour** and encouraging Self-management. Adults can identify triggers to challenging behaviour and the best way to respond.
- 7: Identifying your own and the young person's **Signature Strengths**. Both the adult and the child can find new meaning, motivation, enjoyment and the pleasure of succeeding.

2) Measurement and Results

Showing what's been achieved using the baseline record to highlight improvements (and parenting needs) by measuring the progress and development for each child on the eight Pillars of Parenting.



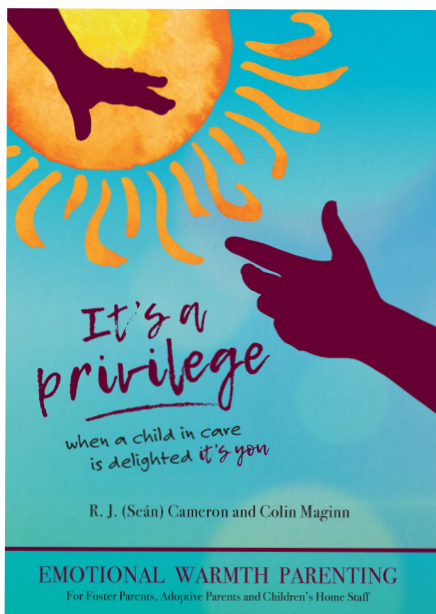


Recovery from trauma, our Adaptive Emotional Development

Also measured against the baseline are the Kate Cairns three stages of recovery from trauma, *Stabilisation, Integration and Adaptation*.

3) Our reader-friendly book

For each foster parent or member of the children's home staff.



What we provide for one year and the cost:

- 1) The seven modules online, e-learning training for each person.
- 2) Online assessment on each child's progress. Baseline and three further assessments for 10 or 20 children (depending on which option) for one year.
- 3) A copy of our book for each person.

All three for £290+VAT monthly, for 10 foster/adoptive parents or staff, (£29 monthly for each person)


or £540+VAT monthly, for 20 people (£27 for each foster/adoptive parent or children's home staff member).

Emotional Warmth Parenting (in detail)

Peer-reviewed research: (scan the QR code or use the link for abstracts)

1) Cameron, R.J. (2017). Child Psychology beyond the school gates: Empowering foster and adoptive parents of young people who have been rejected, neglected and abused. *Educational and Child Psychology* 34(3), 74-
www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/Cameron-2017.pdf



 2) Cameron, R.J & Das, R. (2019) Empowering residential carers of looked-after children: The impact of the ‘Emotional Warmth’ model of professional childcare. *British Journal of Social Work*, 49(7), 1893-1912.
www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/Cameron-Ravi-Das-2019.pdf

Sector press article: (scan the QR code or use the link for the full article)

Maginn & Cameron (2021) ‘Emotional Warmth Parenting’ *CYC-online - e-journal of the International Child and Youth Care Network* Issus 266 / April 2021, 14-20 <https://cyc-net.org/cyc-online/>

www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/CYC-April-2021.pdf



Training: Seven online, e-learning modules

The Pillars of Parenting working in conjunction with KCA.

In detail: Level 3 e-learning with Learning Outcomes and Assessment

Criteria. <https://www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/e-learning>



Measurement and Results:

Online assessment for adults in the parenting role to record a starting point (baseline) and evaluate the progress of a child from level 1, which indicates ‘needs support’ up to level 5 which means ‘competent’. The assessment covers the eight Pillars of Parenting and the Cairns three phases of trauma. After the baseline, three assessments can be made annually.

www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/The-basics-PD.pdf



Our book: ‘It’s a privilege..’

Read what others have said about the book, just today I had this in my inbox from a foster parent: “*Your book should be read by everyone considering fostering or working in residential. Its amazing.*”

www.pillarsofparenting.co.uk/wp-content/uploads/2021/05/Its-a-privilege.pdf

More?

If you would like the support of a Pillars of Parenting psychologist consultant, or introductory training on our approach for your psychologist, we offer face to face or zoom training and ongoing telephone support. For foster/adoptive parents and children’s home staff, we can offer in-person induction training and workshops on specific requested topics of interest or concern. Also, we hold an annual two-day conference for psychologist consultants. To discuss your needs, call or e-mail:



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