



Training provided by 'The Pillars of Parenting Ltd.'

- 1) **E-learning:** Seven e-learning modules cover the theory and research behind the 'Emotional Warmth Parenting' approach and the practical aspects of finding and meeting a child's parenting needs, including building their strengths.

The e-learning also covers understanding the impact of trauma and how to support the child to go beyond recovering from trauma to achieve 'post-traumatic growth'. Each module costs £16+VAT each (or £14+VAT each if ordered together, i.e. all seven modules for £98+VAT).



Scan for e-learning pdf
or use the link below.

<https://www.pillarsofparenting.co.uk/wp-content/uploads/2024/06/PoP-e-learning-titles-learning-outcomes-and-assessment-25-06-24.pdf>

2) **Face-to-Face training:**

Colin Maginn provides face-to-face training with handouts and articles covering the following topics:

- **Effective Trauma-informed care practice** (understanding that a child is more than their trauma).
- **Understanding aggression** and de-escalation strategies and techniques.
- **Strengths:** Finding and using young people's strengths (positive psychology in childcare).
- Analysing, reinterpreting and managing '**Challenging Behaviour**' using the ABCD+C approach.
- **Attachment strategies** – using Pat Crittendins Dynamic Maturational Model (DMM) of attachment to have a more optimistic understanding of children in public care.
- **Caring for the carers.** Recognising burnout, compassion fatigue, secondary traumatic stress or vicarious trauma, and how to protect yourself and your team and achieve compassion satisfaction.
- **You choose! Tap into the knowledge base.** Working with traumatised children in public care is challenging and complex but can be very rewarding. What particular issue or topic would you like to know more about? We have access to some of the top psychologists in England, so even training on very specialist matters will likely be covered by one of our colleagues.

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